



PRESENT PERFECT CONTINUOUS PRACTICE



— PRESENT PERFECT CONTINUOUS — ATIVIDADE —



Pratique o Present Perfect Continuous com have/has been + ing.



1. Complete com HAVE BEEN ou HAS BEEN + verbo+ING

- ① She _____ (work) here since 2019.
- ② They _____ (study) all morning.
- ③ I _____ (wait) for an hour.
- ④ He _____ (feel) tired lately.
- ⑤ We _____ (live) in this city for 5 years.
- ⑥ The kids _____ (play) outside since noon.



2. Relaçione / Match

Match sentence beginnings to correct endings — use FOR and SINCE correctly.

- | | | |
|-----------------------------------|---|----------------------|
| 1 She has been studying ... | • | A since 7am. |
| 2 They have been living here ... | • | B for six months. |
| 3 He has been working ... | • | C for two hours. |
| 4 I have been waiting ... | • | D since last Monday. |
| 5 We have been playing soccer ... | • | E for three years. |



3. Observe a cena e complete



1 She _____
(work) all night.



2 He _____
(train) since early morning.



3 They _____
(talk) for hours.



4 I _____
(review) my notes.



4. Corrija os erros

- ① She has been work here for years. → _____
- ② I have been waited since 8am. → _____
- ③ They has been studying all day. → _____



5. Desafio Final!

Escreva 3 frases sobre coisas que você tem feito continuamente. Use FOR ou SINCE.

- ① I have been _____ for _____ .
- ② She has been _____ since _____ .
- ③ We have been _____ .



GOLDEN TIP: HAVE BEEN para I/You/We/They. HAS BEEN para He/She/It.
Verbo sempre com ING no final!





PAST PERFECT CONTINUOUS PRACTICE

— PAST PERFECT CONTINUOUS — ATIVIDADE —



Pratique o Past Perfect Continuous com had been + ing.



1. Complete com HAD BEEN + verbo+ING

- ① She _____ (cry) before he arrived.
- ② They _____ (work) for hours when the power went out.
- ③ I _____ (wait) for 20 minutes when she called.
- ④ He _____ (study) all night before the exam.
- ⑤ We _____ (travel) for days when we finally arrived.
- ⑥ She _____ (run) for an hour when she twisted her ankle.



2. Relacione as duas partes da frase

- | | | |
|--------------------------------|-----|--|
| 1 She had been reading | • • | A when the rain started. |
| 2 They had been playing soccer | • • | B before the guests arrived. |
| 3 I had been cooking | • • | C for two hours before the bus came. |
| 4 He had been driving | • • | D when he got a flat tire. |
| 5 We had been waiting | • • | E for a long time before they won the match. |



3. Escolha a forma correta

- ① We were tired because we _____ (work) all day.
A had been working B were working
- ② She was wet because it _____ (rain) heavily.
A had been raining B was raining
- ③ He was disappointed. He _____ (try) hard.
A had been trying B was trying
- ④ They were hungry because they _____ (hike).
A had been hiking B were hiking
- ⑤ I was nervous because I _____ (wait) a long time.
A had been waiting B was waiting



4. Corrija os erros

- ① She had been cry for an hour.
→ _____
- ② They has been working when it happened.
→ _____
- ③ He had been study before the test.
→ _____



5. Desafio Final!

Escreva 3 frases sobre o que estava acontecendo ANTES de algo ocorrer no passado.

- ① I had been _____ when _____.
- ② She had been _____ before _____.
- ③ They had been _____ for _____.



GOLDEN TIP: HAD BEEN + Verb+ING para TODOS os sujeitos.
Ação em progresso antes de outro evento no passado!





FUTURE PERFECT PRACTICE



— FUTURE PERFECT — ATIVIDADE —



Pratique o Future Perfect com **will have + participio passado**.



1. Complete com WILL HAVE + participio

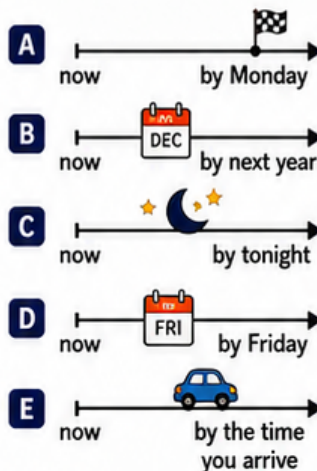
- ① By 5pm, she _____ (finish) the report.
- ② They _____ (graduate) by next year.
- ③ I _____ (save) enough money by December.
- ④ He _____ (read) the whole book by tonight.
- ⑤ We _____ (complete) the project by Friday.
- ⑥ By the time you arrive, I _____ (cook) dinner.



2. Relacione / Match

Match 5 Future Perfect sentences to the correct visual timeline.

- 1 I will have finished my homework.
- 2 They will have moved to Canada.
- 3 She will have cooked dinner.
- 4 We will have completed the project.
- 5 By the time you arrive, I will have left.



3. Transforme as frases

Rewrite the sentences adding a future deadline using **BY**.

- ① She will finish the course. (next month)
→ _____
- ② They will complete the training. (by Friday)
→ _____
- ③ I will save enough money. (by December)
→ _____
- ④ He will write the report. (by tomorrow)
→ _____



4. Corrija os erros

- ① By Monday, I will have finish the task.
→ _____
- ② She will has graduated by June.
→ _____
- ③ By 2025, they will graduated.
→ _____



5. Desafio Final!

Escreva 3 frases sobre o que você **TERÁ FEITO** até uma data futura específica.

- ① By _____, I will have _____.
- ② She will have _____ by _____.
- ③ We will have _____ before _____.



GOLDEN TIP: WILL HAVE + Participio. A ação **ESTARÁ CONCLUÍDA** antes de um momento futuro. Sempre use **BY + tempo!**





FUTURE PERFECT CONTINUOUS PRACTICE



— FUTURE PERFECT CONTINUOUS — ATIVIDADE —



Pratique o Future Perfect Continuous com will have been + ing.



1. Complete com WILL HAVE BEEN + verbo+ING

- By next year, I _____ (live) here for a decade.
- She _____ (work) for 8 hours by the time she gets home.
- By December, they _____ (study) English for 3 years.
- He _____ (run) for 2 hours when he crosses the finish line.
- By 2030, we _____ (wait) for this technology for 20 years.
- She _____ (teach) at this school for 15 years by retirement.



2. Future Perfect ou Future Perfect Continuous?

Escolha a opção correta.

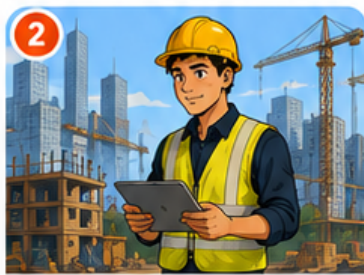
- By next summer, I _____ learning guitar for 5 years.
A will have learned **B** will have been learning
- By 6 p.m., they _____ the project.
A will have finished **B** will have been working
- By July, she _____ in the company for 10 years.
A will have worked **B** will have been working
- By the time you arrive, we _____ dinner.
A will have eaten **B** will have been eating
- By 2030, people _____ on this app every day for a decade.
A will have used **B** will have been using



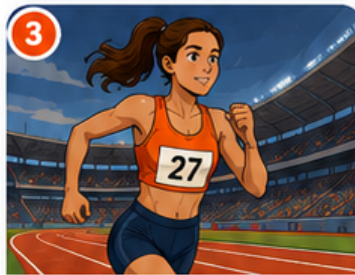
3. Observe a cena e complete



By graduation, she _____
(study) for 4 years.



By the time the building is finished, he _____
(work) on this site for 3 years.



By next season, she _____
(train) every day for 2 years.



By the end of the trip, he _____
(travel) around the world for 18 months.



4. Corrija os erros

- I will have been live here for 10 years by then.
→ _____
- She will has been working all day.
→ _____
- By Friday, they will have been complete the training.
→ _____



5. Desafio Final!

Escreva 3 frases enfatizando a DURAÇÃO de algo até um momento futuro.

By _____, I will have been _____ for _____.
She will have been _____ for _____ by _____.

- _____
- _____
- _____



★ **GOLDEN TIP:** WILL HAVE BEEN + Verb+ING.

Foca na DURAÇÃO — por quanto tempo algo terá estado acontecendo!





PERFECT TENSES COMPARISON PRACTICE



— PERFECT TENSES COMPARISON — ATIVIDADE —



Pratique os 4 tempos perfeitos e identifique quando usar cada um.



1. Identifique o tempo verbal

- 1 I have been studying for 3 hours. _____
- 2 She had finished before he arrived. _____
- 3 By Monday, I will have completed the task. _____
- 4 They have visited Paris twice. _____
- 5 He had been working all night before the meeting. _____
- 6 We will have been living here for 10 years by July. _____



2. Escolha o tempo correto

- 1 I have cleaned the house. You can see it's spotless!
A Present Perfect **B** Past Perfect **C** Future Perfect
- 2 By the time we arrived, the movie _____.
A has finished **B** had finished **C** will have finished
- 3 She _____ here since 2018.
A has worked **B** had worked **C** will have worked
- 4 By next year, I _____ three countries.
A have visited **B** had visited **C** will have visited
- 5 They _____ for hours when I called them.
A have been studying
B had been studying
C will have been studying



3. Complete com o tempo perfeito correto

- 1 I _____ (study) English for two hours.
I'm still studying.
- 2 They _____ (leave) by the time
we got to the station.
- 3 By 2026, she _____ (graduate)
from university.
- 4 He _____ (read) the same book
for a week.



4. Corrija os erros

- 1 I had visited London twice this year. → _____
- 2 By next week, we have finished the project. → _____
- 3 She has been working all night before the test. → _____



5. Desafio Final!

Escreva 1 frase em cada tempo perfeito. Use as dicas abaixo.

Present Perfect	relevância agora	_____
Past Perfect	antes de outro passado	_____
Future Perfect	antes de momento futuro	_____
Present Perfect Continuous	duração até agora	_____



GOLDEN TIP: Present Perfect = agora. Past Perfect = antes do passado.
Future Perfect = antes do futuro. Continuous = duração!





CONDITIONAL TYPE 2 PRACTICE



— CONDITIONAL TYPE 2 — ATIVIDADE —



Pratique o Conditional Type 2 — situações hipotéticas no presente/futuro.



1. Complete com a forma correta

- ① If I _____ (have) more time, I would travel the world.
- ② She would buy a new car if she _____ (have) the money.
- ③ If he _____ (study) harder, he would pass the exam.
- ④ What _____ you _____ (do) if you won the lottery?
- ⑤ If they _____ (live) closer, we would visit more often.
- ⑥ I would be happier if I _____ (have) a better job.



2. Relacione as duas partes

- | | | |
|--------------------------------|---|---------------------------------|
| 1 If I won the lottery, | • | A I would travel to Japan. |
| 2 If we had a bigger house, | • | B we would invite more friends. |
| 3 If she studied English, | • | C I would go hiking. |
| 4 If it weren't so cold, | • | D she would get a better job. |
| 5 If I had a day off tomorrow, | • | E I would buy a new laptop. |



3. Real ou Hipotético?

Classifique as frases como:
Real Conditional (Type 1) ou Hypothetical (Type 2).

- ① If it rains, I will stay home. _____
- ② If I were rich, I would buy a yacht. _____
- ③ If you heat ice, it melts. _____
- ④ If he eats junk food, he gets fat. _____
- ⑤ If we had more trees, the air would be cleaner. _____



REAL (TYPE 1)



HIPOTÉTICO (TYPE 2)



4. Corrija os erros

- ① If I would have more money, I would travel. → _____
- ② If she had money, she will buy a house. → _____
- ③ I would go if I will have time. → _____



5. Desafio Final!

Escreva 3 frases hipotéticas usando o Conditional Type 2.

- ① If I _____, I would _____ . → _____
- ② She would _____ if she _____ . → _____
- ③ What would you do if you _____ ? → _____



GOLDEN TIP: IF + Past Simple + WOULD + Verb base.
NUNCA use WOULD na cláusula com IF!



CONDITIONAL TYPE 3 PRACTICE

— CONDITIONAL TYPE 3 — ATIVIDADE —



Pratique o Conditional Type 3 — situações hipotéticas no passado.



1. Complete com HAD + particípio e WOULD HAVE + particípio

- ① If she _____ (study), she _____ (pass) the exam.
- ② I _____ (call) you if I _____ (know).
- ③ If they _____ (leave) earlier, they _____ (not miss) the flight.
- ④ He _____ (be) happy if he _____ (get) the job.
- ⑤ If we _____ (arrive) on time, we _____ (see) the show.
- ⑥ She _____ (not say) that if she _____ (think) about it.



2. Transforme em Type 3

Transform 4 pairs of real past events into Type 3 conditionals.

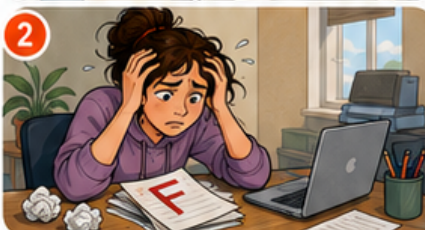
- ① She didn't study. She failed.
→ If she _____ *studied*, she would _____ *passed*.
- ② I lost my keys. I was late for work.
→ If I _____ my keys, I would _____ late for work.
- ③ They didn't save enough money. They couldn't go on holiday.
→ If they _____ enough money, they would _____ on holiday.
- ④ He didn't listen to the advice. He made a big mistake.
→ If he _____ to the advice, he would _____ a big mistake.



3. Observe a cena e complete



If he _____
left earlier, he _____
caught the bus.



If she _____
more, she _____
the test.



If they _____
the train earlier, they
it.



4. Corrija os erros

- ① If she would have studied, she would have passed.
→ _____
- ② If I had known, I would called you.
→ _____
- ③ If they had leave earlier, they wouldn't have missed the flight.
→ _____



5. Desafio Final!

Escreva 3 frases sobre situações do passado que poderiam ter sido diferentes.

If I had _____, I would have _____.

- ① _____
- ② _____
- ③ _____



GOLDEN TIP: IF + HAD + Particípio + WOULD HAVE + Particípio.
Tudo no passado — situação que **NÃO** aconteceu!





MIXED CONDITIONALS PRACTICE



MIXED CONDITIONALS — ATIVIDADE —



Pratique os Mixed Conditionals — combinando passado e presente.



1. Type A ou Type B?

Classify as frases como Type A (passado → presente) ou Type B (presente → passado).

- 1 If I had studied medicine, I would be a doctor now. → _____
- 2 If she weren't so shy, she would have spoken to him. → _____
- 3 He would be rich if he had invested in that company. → _____
- 4 If I lived near the beach, I would go swimming every day. → _____
- 5 They would have caught the train if they left earlier. → _____

LEMBRE-SE:

Type A (passado → presente)

PAST → PRESENT

Ação no passado
causa resultado
no presente.

Type B (presente → passado)

PRESENT → PAST

Situação no presente
explica resultado
no passado.



2. Complete com a forma correta

Use o Mixed Conditional correto com os verbos entre parênteses.

- 1 If I _____ (know) English better when I was younger, I _____ (have) more opportunities now.
- 2 If the weather _____ (be) nice tomorrow, we _____ (have) a picnic.
- 3 If I _____ (not / spend) so much money last year, I _____ (be) able to travel now.
- 4 If she _____ (practice) more, she _____ (have) won the competition.
- 5 If they _____ (listen) to the teacher, they _____ (not / get) in trouble.



3. Combine as frases

Use as duas ideias para criar 1 frase Mixed Conditional.

- 1 She didn't study.
She is not a doctor now.
→ _____
- 2 He is lazy.
He didn't finish the project on time.
→ _____
- 3 They didn't save money.
They can't buy a house now.
→ _____



4. Corrija os erros

Encontre e corrija o erro nas frases.

- 1 If I had studied, I would had been a doctor now.
→ _____
- 2 If she weren't shy, she would have spoke to him.
→ _____
- 3 He would be rich if he would have invested.
→ _____



5. Desafio Final!

Escreva 2 frases Mixed Conditional Type A e 1 frase Type B.

Type A PAST → PRESENT If I had _____, I would _____ now.

Type A PAST → PRESENT If _____, I would _____ now.

Type B PRESENT → PAST If I weren't _____, I would have _____.



GOLDEN TIP: Type A: passado causa resultado **PRESENTE**.

Type B: situação **PRESENTE** explica resultado passado!





WISH + PAST SIMPLE PRACTICE

— WISH + PAST SIMPLE — ATIVIDADE —



Pratique WISH + Past Simple para desejos sobre o presente.



1. Complete com WISH + Past Simple

- ① I don't speak Spanish. → I wish I _____ Spanish.
- ② It is raining. → I wish it _____ raining.
- ③ She isn't taller. → She wishes she _____ taller.
- ④ They don't have more time.
→ They wish they _____ more time. 
- ⑤ He lives far away. → He wishes he _____ closer.
- ⑥ I have to work tomorrow.
→ I wish I _____ to work tomorrow. 



2. Realidade ou Desejo?

Combine cada frase de WISH com a situação real que ela descreve.

FRASES (WISH)

- 1 I wish I lived by the sea.
- 2 She wishes she had more friends.
- 3 I wish it wasn't so cold.
- 4 They wish they had a car.
- 5 He wishes he understood French.

SITUAÇÕES REAIS

- A Ele não entende francês.
- B Ela quer mais amigos.
- C Eles não têm um carro.
- D Eu não moro perto do mar.
- E Está muito frio.



3. WERE ou WAS?

Escolha a forma correta.

- ① I wish I _____ (were/was) taller.
- ② She wishes she _____ (were/was) somewhere else.
- ③ They wish they _____ (were/was) richer.
- ④ He wishes he _____ (were/was) more confident.



★ In formal written English, WERE is preferred after WISH for all subjects.



4. Corrija os erros

Corrija as frases abaixo usando WISH + Past Simple.

- ① I wish I speak Spanish.
→ _____
- ② She wishes she has more time.
→ _____
- ③ I wish it would stop raining.
→ _____



5. Desafio Final!

Escreva 3 coisas que você gostaria que fossem diferentes AGORA usando WISH.

- ① I wish I _____ .
- ② I wish I weren't _____ .
- ③ I wish I had _____ .



★ **GOLDEN TIP:** WISH + Past Simple = desejo sobre o PRESENTE.
Use WERE (não WAS) após wish para todos os sujeitos!





WISH + PAST PERFECT PRACTICE

PÁGINA
10

WISH + PAST PERFECT – ATIVIDADE



Pratique WISH + Past Perfect para arrependimentos sobre o passado.



1. Complete com WISH + HAD + participio

- ① I didn't study harder. → I wish I _____ harder.
- ② She said something wrong. → She wishes she _____ that.
- ③ We left too late. → We wish we _____ earlier.
- ④ He didn't take the job. → He wishes he _____ the job.
- ⑤ They didn't save money. → They wish they _____ money.
- ⑥ I didn't tell him the truth. → I wish I _____ him the truth.



2. Wish + Past Simple ou Wish + Past Perfect?

Escolha a estrutura correta: () Past Simple () Past Perfect

- 1 I'm tired now because I didn't sleep well last night.
() I wish I slept better.
() I wish I had slept better.
- 2 I'm late for work because I missed the bus.
() I wish I didn't miss the bus.
() I wish I hadn't missed the bus.
- 3 I'm not rich now because I didn't invest in 2010.
() I wish I invested in 2010.
() I wish I had invested in 2010.
- 4 She's upset now because she's afraid of dogs.
() She wishes she wasn't afraid of dogs.
() She wishes she hadn't been afraid of dogs.
- 5 We're hungry now because we didn't eat lunch.
() We wish we ate lunch.
() We wish we had eaten lunch.



3. Observe a cena e escreva o WISH



1 He wishes he _____
_____ earlier.



2 She wishes she _____
_____ more.



3 He wishes he _____
_____ more time with them.



4 She wishes she _____
_____ a ticket.



4. Corrija os erros

- ① I wish I studied harder last year.
→ _____
- ② She wishes she didn't say that yesterday.
→ _____
- ③ I wish I had took that opportunity.
→ _____



5. Desafio Final!

Escreva 3 frases sobre arrependimentos do passado usando WISH.

- ① I wish I had _____ .
- ② I wish I hadn't _____ .
- ③ She wishes she had _____ .



GOLDEN TIP: WISH + HAD + Participio = arrependimento sobre o PASSADO.

A situação já aconteceu e não pode ser mudada!

